

## O V E R N I G H T T O U R

# VOLCAN ACATENANGO

TWO DAYS,  
ONE NIGHT

This is a summary of all the information you'll need for your expedition to the Acatenango Volcano. This information is complementary to the Pre-Trip Meeting.



CHALLENGE LEVEL:  
**DIFFICULT**

ALTITUDE:  
**3,976 m / 13,044 ft**

ELEVATION GAIN:  
**1,500 m / 5,000 ft**

PRICE:  
**US\$. 99 / Q.790**

6:30 am to  
**12:30 pm\*** (2nd Day) (Estimated)

## TOUR BREAKDOWN:

### ① PRE-TRIP MEETING

DAY BEFORE YOUR TRIP AT OX OFFICES  
4:45 PM

- Time to ask questions
- Meet your guide & group
- Paperwork & payment

Please Note: Remaining payments have to be made in **Cash Only**, US\$ or Qs

### ② DEPARTURE FROM OX OFFICES

6:30 AM

- Meeting & time to pack
- Breakfast (not at the office)
- 1 Hour shuttle to the Volcano

### ③ CAMPSITE

OPTIONAL FUEGO HIKE UPGRADE  
2:30 PM

- Reach Campsite
- Rest for remainder of the afternoon
- Optional trip to Fuego\*

\*Trip to Fuego is included for Double Whammy & Fuego Overnight tours only.  
Acatenango tour hikers have optional upgrade (+\$40)

### ④ WAKE UP & HIKE

4:30 AM (2nd Day)

- Hike to summit for sunrise
- Toughest part of the Hike

\*Sunrise can be seen at campsite if you want to stay in bed for a bit longer.

### ⑤ BACK TO ANTIGUA

12:30 PM\* (2nd Day)

- Around noon
- Not recommended to book onward shuttles before 2:00 pm

\*Not all the groups are the same, some are faster or slower than others, this is an estimated time.

## PLEASE NOTE

- Park entrance fees **not included**

Groups walk through two national parks and will be charged the respective fees at two different points. Prices may change due to park regulations, please ask how much is it at the time of your trip.

**OX Expeditions address:**  
**2A CALLE PONIENTE NO. 23**

(click to open google maps)

## WHAT WE PROVIDE



### PRE-TRIP MEETING

Day before your trip  
5:00 pm



### PROFESSIONAL GUIDE

English speaking  
First AID &  
Wilderness trained



### SLEEPING GEAR

-7°C / 20°  
sleeping bag  
5" thick sleeping pad



### 5 PERSON SHARED CABIN

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Tents available  
upon request



### FOOD (4 MEALS)

1st Day:  
Breakfast, Lunch &  
Dinner  
2nd. day:  
Breakfast



### TRANSPORTATION

Antigua > Volcano  
Volcano > Antigua

## WHAT YOU NEED



**BACKPACK**  
(55L Size)



**DRY FIT T-SHIRT**  
(NOT FOR RENT)



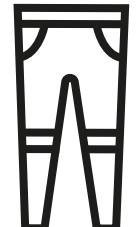
**TOP FLEECE**



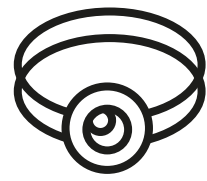
**WARM THICK JACKET**



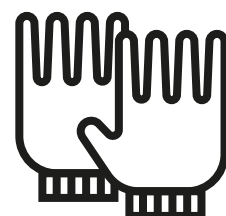
**RAIN JACKET OR PONCHO**  
(MANDATORY, MAY > OCT)



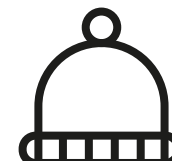
**HIKING PANTS OR LEGGINGS**  
- NO JEANS -  
(NOT FOR RENT)



**HEADLAMP**



**GLOVES**



**WARM HAT**



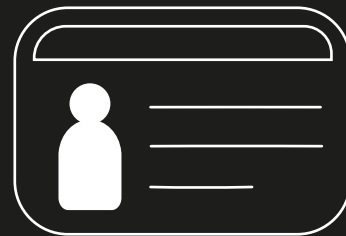
**COMFY SHOES**  
(NOT FOR RENT)



## WE ENCOURAGE YOU TO USE YOUR OWN GEAR

for better fit and comfort, but if needed we can provide it (at no extra cost):

- Backpack\*\*
- Warm Jacket
- Top Fleece
- Gloves
- Rain Poncho
- Headlamp (no batteries)
- Warm Hat



### A GOVERNMENTAL ID CARD

will be required to use as a deposit for the gear we are providing

**Please note:** All our gear gets used on a daily basis. Signs of wear and tear should be expected.

**GEAR CANNOT BE RESERVED** - We have a **FIRST COME-FIRST SERVED** policy with the gear we provide. **AND CANNOT BE PRE RESERVED.**

\*\*Please note that we have a limited amount of backpacks and we **DO NOT HAVE Shoes**

## ecofiltro® WATER STATION



**4.5 L.  
OF WATER**

Each person will need 4.5 liters of water.

A water station is offered with Ecofiltros with sanitized recycled plastic bottles.

**You can also bring your own bottles of water.**

## NOT PROVIDED / INCLUDED



**SNACKS  
X 5**



**CASH**

- Entrance Fees - Q.100 (Q50 + Q50)
- Porters - Q.200/ Each way if needed  
Recommended if upgrading to DW Tour
- Tip for your guide(s) 10% of tour price is recommended
- Some extra \$ / In case you need it.
- Wooden Hiking Sticks - Q.5 each rented

## DONT FORGET!



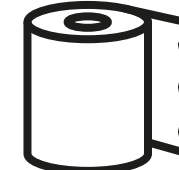
**SUNSCREEN**



**SUNGLASSES**



**CAP**



**TOILET PAPER  
WIPES**



**ANTI  
BACTERIAL**

**We have storage space for your luggage while you are hiking,  
bring your own lock >> NO BIKES, NO SURFBOARDS**

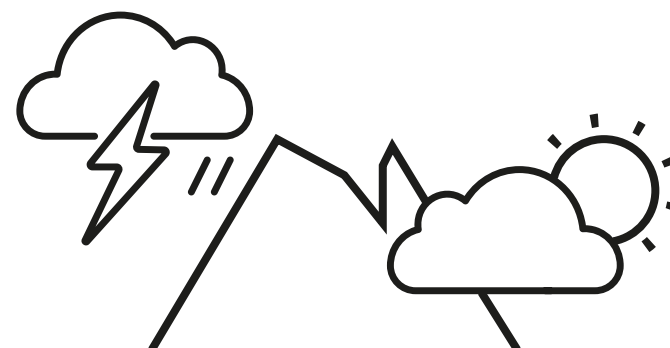
## WHAT TO EXPECT

### WEATHER

Trying to predict the weather is like trying to count jellybeans in a jar- you can have a rough idea, but you're never going to be 100% accurate, "What happened yesterday is likely to happen today" does not apply on Acatenango

HIGH ALTITUDE MOUNTAINS  
CREATE THEIR OWN WEATHER SYSTEMS

GUATEMALA HAS MORE THAN 360 MICRO WEATHER SYSTEMS.



Though we cannot predict the weather we want you to be prepared:

Temperatures

CAMPSITE:  $-2^{\circ}\text{C}$  /  $28^{\circ}\text{F}$

SUMMIT:  $-5^{\circ}\text{C}$  /  $23^{\circ}\text{F}$

RAINY SEASON IN  
GUATEMALA

**MAY** → **OCT.**



### ERUPTIONS

**VOLCAN FUEGO:**  
STRATOVOLCANO

**STATUS:**  
ACTIVE 24/7

**ACTIVITY:**  
VARIABLE

**NOTE:** Volcanic activity is unpredictable. The Strombolian eruptions (explosions not a lava flow), can happen once every hour in a high activity period

### WE CANNOT GUARANTEE:

- clear views - nice weather - volcanic eruptions -
- trip to fuego ridge (see map on last page)
- summiting for sunrise -

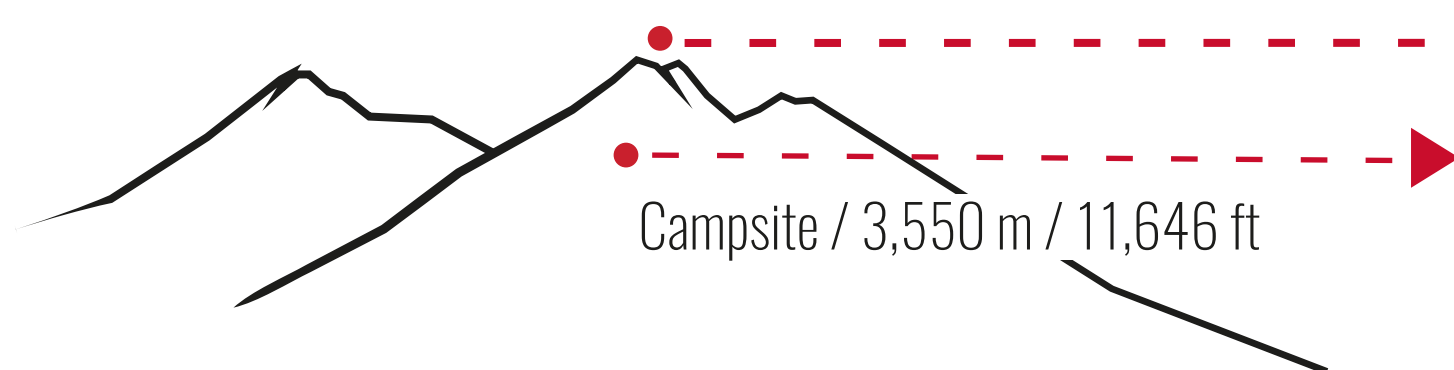
### ALTITUDE SICKNESS



**40%** Less oxygen at  
4,000m / 13,120 ft  
(Acatenango Summit)

**Severe SYMPTOMS:**  
(Above 5000 m / 16,400 ft)  
we won't be reaching this elevation

**Not Severe SYMPTOMS**  
Below 5000 m / 16,400 ft



If you have any of these symptoms tell your OX Guide a list of possible symptoms **HERE**

# ABOUT OX

## ENVIROMENTALLY FRIENDLY



### ECO-FRIENDLY CAMP

We have built cabins in the most eco-friendly way possible, using sustainably sourced pine from Eco-Madera, who are involved in several reforestation projects around Guatemala.

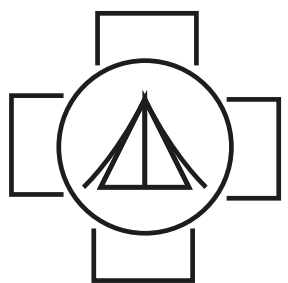


Sustainable Reforestation



### RECYCLED GEAR - MAINTENANCE

We fix and re-use the gear as much as possible  
We maintain gear the best way we can by following our recycling guidelines



### HYGIENE AND SANITATION

We clean our gear before every tour to keep it sanitized and fresh

## PACK IT IN & PACK IT OUT

As part of our Eco-Friendly ethos we have a “leave no trace” policy.

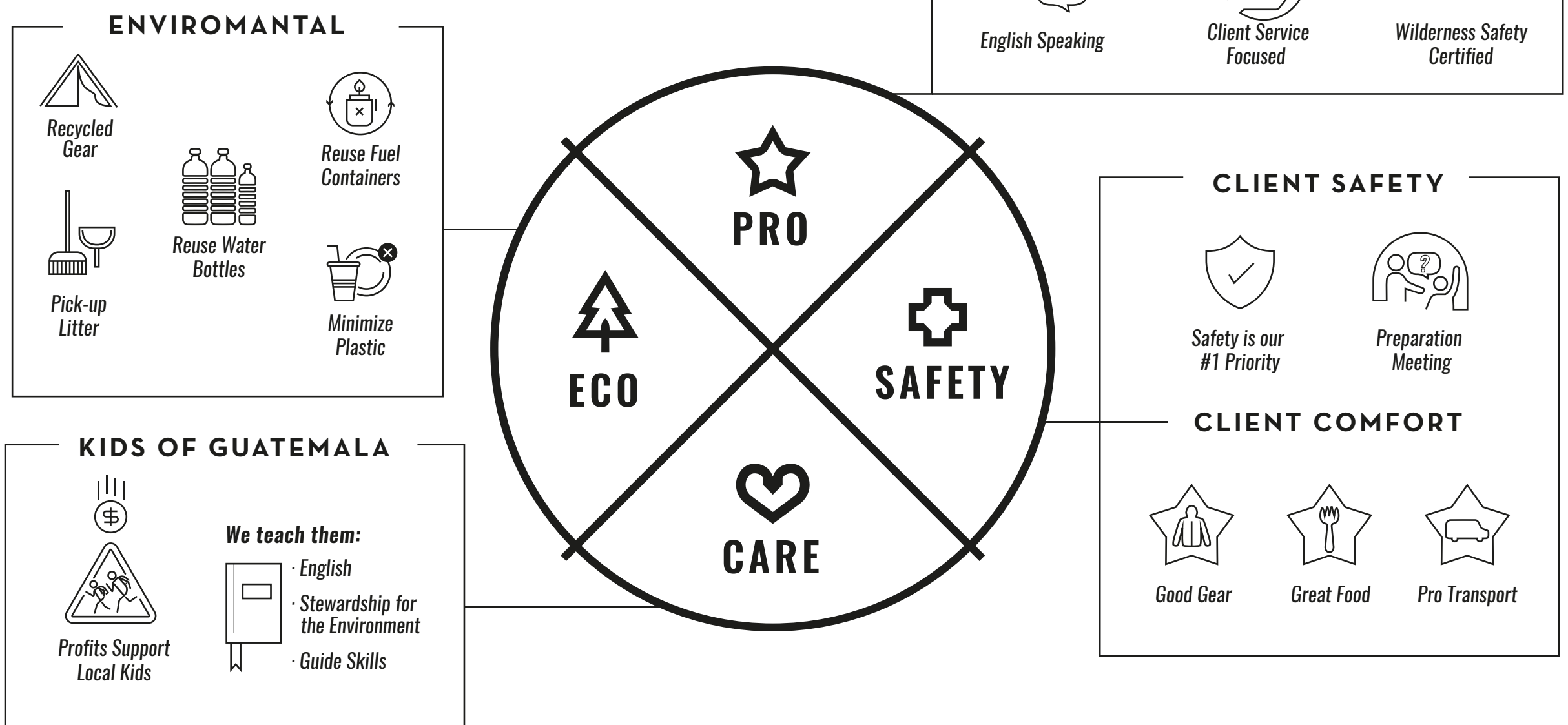
All your rubbish needs to be brought back down with you

Bring an extra big bag down and get a free tank top / shirt!

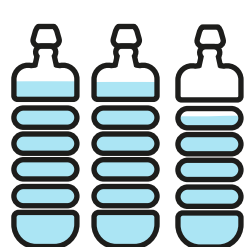


## WHY TO CHOOSE OX

THE MOST PROFESSIONAL ACATENANGO TOUR OPERATOR IN GUATEMALA SINCE 2004



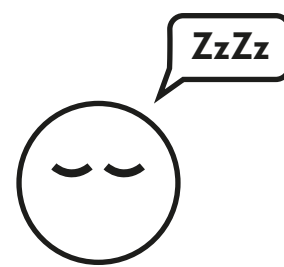
## BEFORE YOUR HIKE REMEMBER



HYDRATE



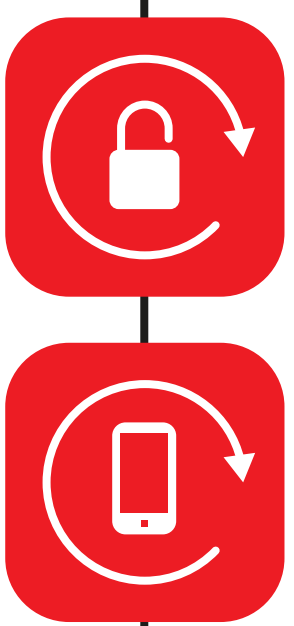
AVOID ALCOHOL THE NIGHT BEFORE



SLEEP EARLY REST WELL



PLEASE, TIP YOUR GUIDE



## TRAIL MAPS & ZONES (Side View)

### TRAIL KEY

- Start to Camp
- Camp to Summit
- Fuego Trail
- Alternative Down Hill

## OX EXPEDITIONS

### FUEGO RIDGE

### ACATENANGO SUMMIT

3,976mts / 13,046ft

3,600mts / 11,800ft

3,000mts / 9,840ft

2,750mts / 9,000ft

9.1 km  
5.65 mi  
-----  
3,600 mts  
11,811ft

6.8 km  
4.22 mi  
-----  
3,550 mts  
11,646ft

8.2 km  
5.09 mi

3.6 km  
2.25 mi  
-----  
3,350mts  
10,990ft

1.7 km  
1.05 mi  
-----  
2,800mts  
9,186ft

0 km  
0 mi  
-----  
2,430 mts  
7,952 ft

## ZONE DESCRIPTIONS

### FARMLAND AREA:

7870-9000 ft. (2390 - 2750 mts.)

1 TO 1.5 HOURS OF HIKING

- Warm up
- Very steep, slippery & loose soil
- Super difficult part. Don't give up!

### CLOUD FOREST AREA:

9000-9840 ft. (2750-3000 mts.)

1.5 TO 2 HOURS OF HIKING

- Lush cloud forest
- Humid
- Switchbacks
- Solid soil
- Exposed Roots

### ALPINE AREA:

9840-11800 ft. (3000-3600 mts.)

2 HOURS OF HIKING

- Lunch zone
- Camping zone
- Soil a little loose
- Beautiful views
- Steep and flat parts

### VOLCANIC AREA:

11800-13046 ft. (3600-3976 mts.)

1 TO 1.5 HOURS HIKING

- Steep & slippery
- You will be tired
- Hardest part of the hike
- It's totally worth it

LA SOLEDAD  
(Starting point)